

## Team Declaration List



Team Name: ..... Gala Date: ..... Venue: ..... Round: ...

This form needs to be submitted before the start of the gala. Note that the squadron relay must be swum in ascending age group order (9, 10, 11, 12), but boy/girl order within an age group is not mandated.

Age groups is based on age on the day of the last (i.e. final) round of the competition as per rule 2 in the Eligibility Section of the TVJL Rules. For the avoidance of any doubt, swimmers have to be 9 by the last round in order to take part in the TVJL.

9 year age group					
Male			Female		
Name	ASA No.	Date of Birth	Name	ASA No.	Date of Birth

  

10 year age group					
Male			Female		
Name	ASA No.	Date of Birth	Name	ASA No.	Date of Birth

Team: ..... (continued)



11 year age group					
Male			Female		
Name	ASA No.	Date of Birth	Name	ASA No.	Date of Birth

  

12 year age group					
Male			Female		
Name	ASA No.	Date of Birth	Name	ASA No.	Date of Birth

Each swimmer is allowed to swim a maximum of two individual events plus the two relays in his/her own age group and in addition may swim up out-of-age in the other age groups. 9 year age group are permitted to swim up in the 10 year age group relays only and are not allowed to compete in the individual events for the 10 year age group.

Full rules on <https://tvjl.org.uk/rules>.