



THAMES VALLEY JUNIOR LEAGUE

[Remove brackets and insert *YEAR*]

[Remove brackets and delete teams as applicable *'A', 'B'*] *FINAL*

[Remove brackets and insert *POOL VENUE*]

[Remove brackets and insert *DATE*]

[Remove brackets and insert *TIME p.m. warm up, TIME p.m. start*]

[Remove brackets and delete teams as applicable *Amersham A, Amersham B, Chalfont, Chesham, Maidenhead, Newbury, Reading, Windsor, Wycombe and Slough*]

Web Site: www.tvjl.org.uk

Admission by programme only

Entry fee: £2.50 per person

Children (u/16) & OAP's (60+) – Free

(note this fee covers the cost of the pool hire)

Notes

1. Age Groups - In line with ASA laws is age on day of the last day of competition
2. 9 year old Swimmers - May only swim 'up' in 10 year old relay events. Swimming up in individual event is not permitted
3. All relay legs are 25m
4. Medley relays - Events 7, 8 & 26 are swum as Back/Breast/Fly/Free. Events 17 & 26 to consist of 2 girls and 2 boys
5. Swimmer Restrictions - Swimmers are restricted to two individual swims in their own age group
6. Event 43 Squadron Relay - Shall consist of 1 girl and 1 boy from each age group swimming in ascending age order.

	EVENT	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
1	12 year girls medley relay						
2	12 year boys medley relay						
3	10 year girls medley relay						
4	10 year boys medley relay						
5	11 year girls medley relay						
6	11 year boys medley relay						
7	9 year girls medley relay						
8	9 year boys medley relay						
9	10 year girls 50m breast						
10	10 year boys 50m breast						
11	11 year girls 50m fly						
12	11 year boys 50m fly						
13	12 year girls 50m free						
14	12 year boys 50m free						
15	10 year girls 50m fly						
16	10 year boys 50m fly						
	Points so far						
17	9 year mixed freestyle relay						
18	11 year girls 50m free.						
19	11 year boys 50m free.						
20	12 year girls 50m backstroke						
21	12 year boys 50m backstroke						
22	10 year girls 50m backstroke						
23	10 year boys 50m backstroke						
24	11 year girls 50m breast						
25	11 year boys 50m breast						
26	9 year mixed medley relay						
27	12 year girls 50m fly						
28	12 year boys 50m fly						
29	10 year girls 50m free.						
30	10 year boys 50m free.						
31	11 year girls 50m backstroke						
32	11 year boys 50m backstroke						
	Points so far						
33	12 year girls 50m breast						
34	12 year boys 50m breast						
35	9 year girls freestyle relay						
36	9 year boys freestyle relay						
37	10 year girls freestyle relay						
38	10 year boys freestyle relay						
39	11 year girls freestyle relay						
40	11 year boys freestyle relay						
41	12 year girls freestyle relay						
42	12 year boys freestyle relay						
43	8 x 25 squadron relay 1 girl / boy from each age group						
	Final points						
	Final position						